

# BURNS ARE A GLOBAL PUBLIC HEALTH PROBLEM



## STOP BURNING PROCESS

1. TELL VICTIM TO STOP, DROP & ROLL.
2. COOL THE BURNED AREA .
3. REMOVE POTENTIAL SOURCES OF HEAT, LIKE JEWELRY, BELT BUCKLES, ETC.
4. COVER WOUND WITH CLEAN, DRY SHEET.
5. CALL FOR HELP IMMEDIATELY.



## BURNS

*Damage to the skin or other body parts caused by extreme heat, flame, contact with heated objects, or chemicals.*

### COMPLICATIONS OF BURN :

1. INFECTION
2. SHOCK
3. RESPIRATORY FAILURE
4. RESPIRATORY FAILURE
5. PSYCHOLOGICAL TRAUMA, ETC.



## WOUND CARE AT HOME

1. EAT WELL-BALANCED MEALS, ADEQUATE CARBOHYDRATES & PROTEINS.
2. NO EXPOSURE TO STRONG SUNLIGHT.
3. MAY NEED PRESSURE GARMENT TO MINIMIZE SCAR FORMATION.
4. FOLLOW EXERCISE REGIME BY PHYSICAL & OCCUPATIONAL THERAPY.
5. CONSULT WITH PRACTITIONER IF ITCHING OCCURS.



REFERENCES: [http://www.hopkinsmedicine.org/healthlibrary/conditions/pediatrics/burns\\_burns\\_in\\_children](http://www.hopkinsmedicine.org/healthlibrary/conditions/pediatrics/burns_burns_in_children)